

TO CLOSE INSERT TAB



QUAKER
-ESTD 1877-

Start your morning with a nourishing bowl of Quaker® Protein Granola with the delicious taste of chocolate & almonds, a satisfying crunch and whole grain oats. Enjoy with milk, over yogurt or on the go.

12G PROTEIN
PER SERVING

GOOD SOURCE OF FIBER
Contains 7g total fat per serving

35G OF WHOLE GRAINS
Per serving
From Whole Grain Oats and Whole Grain Wheat

Enlarged Image
Serving Suggestion

Flavor with other
Natural Flavors

9420590-LBS000010075V2-5

BEST BEFORE

We're here to help.
QuakerOats.com or 800.234.6281
Please have package available when calling.

QUAKER
-ESTD 1877-

12G PROTEIN
per serving

TRY OUR OTHER
DELICIOUS FLAVORS:

MAPLE & BROWN SUGAR

QUAKER
PROTEIN GRANOLA

MAPLE & BROWN SUGAR

Includes 12g Added Sugars per Serving

OATS, HONEY & ALMONDS

QUAKER
SIMPLY GRANOLA

OATS, HONEY & ALMONDS

Includes 12g Added Sugars per Serving

Facebook icon

X icon

For special offers, information
and to join the conversation,
visit: QuakerOats.com,
Facebook.com/Quaker
or @Quaker

NET WT 18 OZ (1 LB 2 OZ) 513 g

250 CALORIES

1g SAT FAT
2% DV

85mg SODIUM
4% DV

12g ADDED SUGARS
24% DV

Per serving

QUAKER
-ESTD 1877-

PROTEIN GRANOLA

QUAKER
-ESTD 1877-

PROTEIN GRANOLA

32635716212

0 30000 57162 0

0 30000 57162 0

PAPER

PLASTIC

GLASS

QUAKER
-ESTD 1877-

PROTEIN GRANOLA

Nutrition Facts
About 9 servings per container
Serving size 3/4 cup (60g)

Amount per serving
Calories 250

% Daily Value*

Total Fat 7g **8%**
Saturated Fat 1g **5%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 85mg **4%**

Total Carbohydrate 38g **14%**
Dietary Fiber 5g **16%**
Total Sugars 13g
Includes 12g Added Sugars **24%**

Protein 12g **23%**

Vitamin D 1.8mcg **8%**
Calcium 90mg **6%**
Iron 1.9mg **10%**
Potassium 180mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE GRAIN OATS, WHOLE GRAIN WHEAT, SUGAR, MILK PROTEIN ISOLATE, CANOLA OIL, WHEY PROTEIN ISOLATE, AND LESS THAN 2% OF ALMONDS, MOLASSES, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, DEXTROSE), COCOA POWDER, NATURAL FLAVORS, SALT, SUNFLOWER OIL, AND MIXED TOCOPHEROLS (TO PRESERVE FRESHNESS).
CONTAINS ALMOND, MILK, AND WHEAT INGREDIENTS.

DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 049003,
CHICAGO, IL 60604-9003 U.S.A.
© 2025 The Quaker Oats Company

smartlabel®

Scan here for more food information
or call 1-800-234-6281

This package is sold by weight,
not volume. Some settling may
have occurred during shipping
and handling.