INGREDIENTS: PEANUTS, VEGETABLE OIL (SUNFLOWER, COTTONSEED, SOYBEAN, AND/OR PEANUT OIL), AND SALT.
CONTAINS PEANUT INGREDIENTS.

Allergy Information: *Made on equipment that makes products containing tree nuts.*

MANUFACTURED FOR FRITO-LAY INC.
PLANO, TX 75024-4099

Questions or Comments?
1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

CHOKE WARNING: Do not give to children younger than 4 years old.

Ingredients derived from a bioengineered source.

WE'RE NUTS ABOUT 'EM®

NET WT. 3¾ OZ. (106.3 g)

*SEE NUTRITION INFORMATION FOR TOTAL FAT CONTENT

7g PROTEIN PER SERVING*

BEST BY

SALTED WHOLE PEANUTS

NUT HARVEST®

Nutrition Facts

About 4 servings per container
Serving size
About 3 Tbsp (28g)

Calories per serving **170**

Amount/serving	% Daily Value*
Total Fat 15g	**19%**
Saturated Fat 2g	**11%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**

Amount/serving	% Daily Value*
Total Carbohydrate 5g	**2%**
Dietary Fiber 2g	**9%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 7g	**8%**

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 1.3mg 6% • Potassium 200mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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