

HYDRATES BETTER THAN WATER

REHYDRATE

TO SUPPORT YOUR BEST PERFORMANCE

REPLENISH

ELECTROLYTES TO HELP REPLENISH WHAT YOU LOSE IN SWEAT

REFUEL

CARBS TO HELP REFUEL WORKING MUSCLES

ME-111 5¢ OR 10¢ CTRV

GA CRV

0 52000 105798 0

32350579803 (MC)

80

CALORIES

PER 12 FL OZ SERVING

28 FL OZ (1.75 PT) 828 mL

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CONTAINS NO FRUIT JUICE

Nutrition Facts

About 2.5 servings per container

Serving size 12 fl oz (360 mL)

	Per serving	Per container
Calories	80	190
	% Daily Value	% Daily Value
Total Fat	0g 0%	0g 0%
Sodium	160mg 7%	360mg 17%
Total Carb.	21g 8%	50g 18%
Total Sugars	21g	48g
Incl. Added Sugars	21g 41%	48g 96%
Protein	0g	0g
Potassium	50mg 0%	110mg 2%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.

REHYDRATE THEN RECYCLE

Empty & Replace Cap

PLASTIC BOTTLE

how2recycle.info

REFRIGERATE AFTER OPENING.

Comments? 1-800-884-2867 or visit gatorade.com

smartlabel®

Scan here for more food information or call 1-800-884-2867

Water, sugar, citric acid, natural flavor, sodium citrate, salt, monopotassium phosphate, modified food starch, glycerol ester dr nsn.

DIST BY: THE GATORADE CO, PO BOX 04903, CHICAGO, IL 60604

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