



PODS

**THIRST QUENCHER
CONCENTRATE**



Smartphone



Scan here for more
food information or call
1-800-884-2867

**GATORADE®
GLACIER FREEZE®**

4 - 3.25 FL OZ (96 mL) PODS
TOTAL 13 FL OZ (384 mL)

80
CALORIES
PER 12 FL OZ
PREPARED



CONTAINS 0% JUICE

Nutrition Facts

About 11 servings per container
Serving size 0.4 pods (38mL)
makes about 12 fl oz

Calories 80 210

	Per serving	Per container
Total Fat	0g	0%
Sodium	230mg	13%
Total Carb.	20g	7%
Total Sugars	20g	40%
Incl. Added Sugars	20g	40%
Protein	0g	0%
Potassium	140mg	2%

Water, sugar, dextrose, citric acid, sodium citrate, monopotassium phosphate, natural flavor, salt, calcium lactate, magnesium oxide, calcium silicate.

DIST. BY: THE GATORADE CO., P.O. BOX 049003, CHICAGO, IL 60604

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Comments?

1-800-884-2867 or visit

gatorade.com

DO NOT CONSUME IF SEAL

IS BROKEN.

ELECTROLYTES 1000

TEAR HERE

**PERSONALIZE
LIKE A PRO**

Learn more at

GATORADE.COM/GX



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TERRACIRCLE®

Gx uses TerraCycle® to recycle
your pods. Find out more at
gatorade.com/gx

- 1.** ADD COLD
WATER TO
FILL ZONE
- 2.** ADD
A POD TO
GX BOTTLE
- 3.** MAKES
30 FL OZ
- 4.** RECYCLE
WITH
GX PODS

