

PASTA RONI.

PARMESAN CHEESE FLAVOR  
with other natural flavors



Try Rice-A-Roni® for another easy homemade meal.

MICROWAVE DIRECTIONS

In 2-quart microwaveable bowl, combine 1 ½ cups water, ⅓ cups milk, and 2 tablespoons of butter or margarine. Microwave uncovered at HIGH 4-5 minutes or until boiling. Slowly stir in pasta and Special Seasonings. Separate pasta with fork, if needed. Microwave at HIGH 1 minute. Stir. Microwave at HIGH 3-4 minutes or until pasta is tender. Sauce will be thin. Let stand 5 minutes to thicken. Microwave ovens vary; adjust times as needed.

LESS FAT DIRECTIONS:

Follow Stove Top or Microwave Directions, except replace butter with 1 teaspoon olive oil and use ¾ cup skim milk. • Fat reduced to 5g from 13g per serving. • Saturated Fat reduced to 2g from 8g per serving. See Nutrition Facts Panel for Sodium Content.

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PARMESAN CHEESE FLAVOR

Angel hair pasta in a Parmesan sauce with other natural flavors



Per Serving

200	1.5g	640mg	<1g
CALORIES	SAT FAT	SODIUM	ADDED SUGARS
	8% DV	28% DV	1% DV

SERVING SUGGESTION

NET WT 5.1 OZ (144 g)

PASTA RONI.



BEST BEFORE:



PASTA RONI.

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We're here to help.  
pastaroni.com or 800-421-2444  
Please have package available when calling.  
Package contains empty space to accommodate pasta to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

SAFE HANDLING INSTRUCTIONS:

This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.



smartlabel®



Scan here for more food information or call  
1-800-421-2444

Distributed by Golden Grain Co.  
P.O. Box 049003 Chicago, IL  
60604-0003 U.S.A.  
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Nutrition Facts

About 2.5 servings per container  
Serving size 2.0 oz (56g/about 3/4 inch circle dry pasta & 1-2/3 Tbsp sauce)

	As packaged		As prepared	
		% DV*		% DV*
Calories	200		320	
Total Fat	3.5g	4%	13g	17%
Saturated Fat	1.5g	8%	8g	38%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	30mg	10%
Sodium	640mg	28%	760mg	33%
Total Carb.	36g	13%	40g	14%
Dietary Fiber	1g	5%	1g	5%
Total Sugars	3g		6g	
Incl. Added Sugars	<1g	1%	<1g	1%
Protein	7g		9g	
Vitamin D	0.2mcg	0%	0.2mcg	0%
Calcium	50mg	2%	120mg	8%
Iron	2.3mg	10%	2.4mg	10%
Potassium	190mg	4%	280mg	6%
Thiamin	0.36mg	30%	0.36mg	30%
Riboflavin	0.2mg	15%	0.33mg	25%
Niacin	2.4mg	15%	2.4mg	15%
Folate DFE	120mcg	30%	120mcg	30%
Folic Acid	(68mcg)		(68mcg)	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Wheat flour, palm oil, whey, salt, corn syrup solids, monosodium glutamate, parmesan cheese (milk, cultures, salt, enzymes), nonfat dry milk, modified corn starch, cultured nonfat milk, sodium caseinate, dried parsley, onion powder, buttermilk, natural flavor, sunflower oil, annatto extract (color), lactic acid, dried basil, niacinamide, iron (ii) sulfate, thiamine mononitrate, riboflavin, folic acid, soy lecithin. (44049-102-22)

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.

PASTA STOVE TOP DIRECTIONS

- WHAT YOU NEED -



2 TBSP.  
BUTTER OR  
MARGARINE



1 1/3 CUPS WATER



2/3 CUP MILK

1 In medium saucepan, bring water, milk, and butter or margarine to a boil. Then slowly stir in pasta and Special Seasonings. Separate pasta with a fork, if needed. Return to a boil.



2 Reduce heat to medium. Boil uncovered, 4-5 min. or until pasta is just tender, stirring frequently.



3 Sauce will be thin. Let stand 3-5 min. to thicken.

About 2 1/2 cups prepared. Enjoy!

MAKE IT A MEAL

EASY AS 1-2-3:

1. STIR in diced tomatos when adding Special Seasoning.
2. ADD cooked meatballs during stand time.
3. TOP with chopped parsley before serving (optional).

Find more ideas at [pastaroni.com/recipes](http://pastaroni.com/recipes)



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