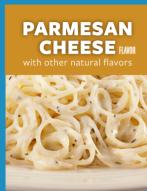
PASTA RONI.

PARMESAN CHEESE FLAVOR

PASTA RONI.





Try Rice-A-Roni[®] for another easy homemade meal.

MICROWAVE DIRECTIONS
In 2-quart microwaveable bowl, combine 1 ½ cups water, ½ cups milk, and 2 tablespoons of butter or margarine. Microwave uncovered at HIGH 4-5 minutes or until boiling. Slowly stir in pasta and Special Seasonings. Separate pasta with fork, if needed. Microwave at HIGH 1 minute. Stir, Microwave at HIGH 3-4 minutes or until pasta is tender. Sauce will be thin. Let stand 5 minutes to thicken. be thin. Let stand 5 minutes to thicken.

Microwave ovens vary; adjust times as needed.

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LESS FAT DIRECTIONS:
Follow Stove Top or Microwave
Directions, except replace butter
with 1 teaspoon olive oil and use ¾
cup skim milk. • Fat reduced to 5g
from 13g per serving. • Saturated
Fat reduced to 2g from 8g per
serving. See Nutrition Facts Panel
for Sodium Content.



PARMESAN CHEESE FLAVOR

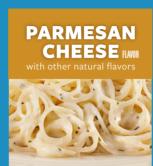


PASTA RONI.





PASTA RONI



We're here to help.
pastaroni.com or 800-421-2444
Please have package available when calling.

Package contains empty space to accommodate pasta to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

SAFE HANDLING INSTRUCTIONS: This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.





Nutrition Facts

About 2.5 servings per container
Serving size 2.0 oz (56g/about Serving size

3/4 inch circle dry pasta & 1-2/3 Tbsp sauce)

Calories	2(00	32	20
		% DV*		% DV*
Total Fat	3.5g	4%	13g	17%
Saturated Fat	1.5g	8%	8g	38%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	30mg	10%
Sodium	640mg	28%	760mg	33%
Total Carb.	36g	13%	40g	14%
Dietary Fiber	1g	5%	1g	5%
Total Sugars	3g		6g	
Incl. Added Sugars	<1g	1%	<1g	1%
Protein	7g		9g	

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Protein	7g		9g	
Vitamin D	0.2mcg	0%	0.2mcg	0%
Calcium	50mg	2%	120mg	8%
Iron	2.3mg	10%	2.4mg	10%
Potassium	190mg	4%	280mg	6%
Thiamin	0.36mg	30%	0.36mg	30%
Riboflavin	0.2mg	15%	0.33mg	25%
Niacin	2.4mg	15%	2.4mg	15%
Folate DFE	120mcg	30%	120mcg	30%
Folic Acid	(68mcg)		(68mcg)	
	Protein Vitamin D Calcium Iron Potassium Thiamin Riboflavin Niacin Folate DFE	Protein 7g Vitamin D 0.2mcg Calcium 50mg Iron 2.3mg Potassium 190mg Thiamin 0.36mg Riboflavin 0.2mg Niacin 2.4mg Folate DFE 120mcg	Protein 7g Vitamin D 0.2mcg 0% Calcium 50mg 2% Iron 2.3mg 10% Potassium 190mg 4% Thiamin 0.36mg 30% Riboflavin 0.2mg 15% Niacin 2.4mg 15% Folate DFE 120mcg 30%	Protein 7g 9g Vitamin D 0.2mcg 0% 0.2mcg Calcium 50mg 2% 120mg Iron 2.3mg 10% 2.4mg Potassium 190mg 4% 280mg Thiamin 0.36mg 30% 0.36mg Riboflavin 0.2mg 15% 0.33mg Niacin 2.4mg 15% 2.4mg Folate DFE 120mcg 30% 120mcg

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Wheat flour, palm oil, whey, salt, corn syrup solids, monosodium glutamate, parmesan cheese (milk, cultures, salt, enzymes), nonfat dry milk, modified corn starch, cultured nonfat milk, sodium caseinate, dried parsley, onion powder, buttermilk, natural flavor, sunflower oil, annatto extract (color), lactic acid, dried basil, niacinamide, iron (ii) sulfate, thiamine mononitrate, riboflavin, folic (44049-L02-22) acid, soy lecithin.

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.

PASTA STOVE TOP DIRECTIONS

- WHAT YOU NEED -









2 TBSP. BUTTER OR MARGARINE

 In medium saucepan, bring water, milk, and butter or margarine to a boil. Then slowly stir in pasta and Special Seasonings. Separate pasta with a fork, if needed. Return to a boil.

Reduce heat to medium. Boil uncovered, 4-5 min. or until pasta is just tender, stirring frequently.

Sauce will be thin. Let stand 3-5 min. to thicken.

About 2½ cups prepared. Enjoy!

MAKE IT A MEAL

EASY AS 1-2-3:

- . STIR in diced tomatos when adding Special Seasoning.
- TOP with chopped parsley before serving (optional).



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