



RUFFLES HAVE RRRIDGES!®

RUFFLES®

OWN
YOUR
RIDGES®



GUARANTEED FRESH
• UNTIL PRINTED DATE •

Chips enlarged
to show texture

Flamin' Hot®
BBQ
FLAVORED

Questions or Comments? 1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

Nutrition Facts

About 3 servings per container
Serving size About 11 chips (28g)

	Per serving		Per package	
		% DV*		% DV*
Calories	150		420	
Total Fat	9g	12%	26g	33%
Saturated Fat	1.5g	6%	3.5g	17%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	200mg	9%	540mg	24%
Total Carb.	16g	6%	43g	16%
Dietary Fiber	1g	5%	4g	13%
Total Sugars	1g		3g	
Incl. Added Sugars	0g	1%	1g	3%
Protein	2g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	40mg	2%
Iron	0.7mg	4%	2mg	10%
Potassium	380mg	8%	1040mg	20%
Vitamin C		6%		15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), MALTODEXTRIN (MADE FROM CORN), SALT, SPICES, PAPRIKA, MOLASSES, ONION POWDER, BROWN SUGAR, SUGAR, MONOSODIUM GLUTAMATE, YEAST EXTRACT, TOMATO POWDER, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE), POTASSIUM SALT, CITRIC ACID, SODIUM DIACETATE, NATURAL FLAVORS (CONTAINS MILK AND ANIMAL INGREDIENTS), AND GARLIC POWDER. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.
PLANO, TX 75024-4099
© 2020 FRITO-LAY NORTH AMERICA, INC.



Not For Retail Sale



POTATO CHIPS

NET WT. 2 3/4 OZ. (77.9 g)

