CAP'N CRUNCH'S™ ORIGINAL CRUNCH TREATS WITH RICE CRISPS

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CAP'N CRUNCH'S™ ORIGINAL CRUNCH TREATS WITH RICE CRISPS

8 CEREAL BARS

8 - 0.84 OZ (24 g) BARS
NET WT 6.7 OZ (192 g) UD

Per bar

| 100 CALORIES | 1 g SAT FAT 4% DV | 85 mg SODIUM 4% DV | 7 g ADDED SUGARS 14% DV |
|---|---|---|---|

## Nutrition Facts

8 servings per container
**Serving size** 1 bar (24g)

Amount per serving
**Calories** 100

| | % Daily Value* |
|---|---|
| **Total Fat** 2g | 2% |
| Saturated Fat 1g | 4% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0.5g | |
| Monounsaturated Fat 0g | |
| **Cholesterol** 0mg | 0% |
| **Sodium** 85mg | 4% |
| **Total Carbohydrate** 19g | 7% |
| Dietary Fiber 1g | 4% |
| Total Sugars 7g | |
| Includes 7g Added Sugars | 14% |
| **Protein** less than 1g | |

| | | | |
|---|---|---|---|
| Vitamin D 0mcg | 0% | • Calcium 0mg | 0% |
| Iron 1.8mg | 10% | • Potassium 30mg | 0% |
| Thiamin 0.18mg | 15% | • Riboflavin 0.1mg | 8% |
| Niacin 1.3mg | 8% | • Vitamin $B_6$ 0.14mg | 8% |
| Folate 40mcg DFE (31mcg Folic Acid) | 10% | | |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Cereal (corn flour, sugar, oat flour, vegetable oil (coconut and/or palm oil), salt, molasses, reduced iron, yellow 5, niacinamide*, yellow 6, BHT (to preserve freshness), thiamine mononitrate*, pyridoxine hydrochloride*, riboflavin*, folic acid*), corn syrup, brown rice crisp (whole grain brown rice flour, sugar, salt), sugar, corn syrup solids, glycerin, polydextrose, soybean oil. Contains 2% or less of: palm kernel oil, palm oil, canola oil, nonfat dry milk, milk powder, dry whey, soy lecithin, salt, tocopherols (to preserve freshness), natural and artificial flavor.

*One of the B vitamins

**CONTAINS MILK AND SOY INGREDIENTS.**


**DISTRIBUTED BY:**
**THE QUAKER OATS COMPANY**
**P.O. BOX 049003**
**CHICAGO, IL 60604-9003**
**U.S.A.**


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**capncrunch.com or 800.856.5781**
**Please have package available when calling.**

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ENLARGED IMAGE

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CAP'N CRUNCH TREATS ORIGINAL CRUNCH

UPC/PRODUCT SKU

PAPER BOX | MULTI-LAYER WRAPPER

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