



COOKIES & CREAM
FLAVOR WITH OTHER
NATURAL FLAVORS

10G
PROTEIN
PER BAR

NEW



QUAKER®
- ESTD 1877 -

PROTEIN
GRANOLA BARS

COOKIES & CREAM

FLAVOR WITH OTHER
NATURAL FLAVORS

Per bar

160 CALORIES	2.5g SAT FAT 13% DV	95mg SODIUM 4% DV	7g ADDED SUGARS 14% DV
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5 - 1.41 OZ (40 g) BARS
NET WT 7 OZ (200 g)

Enlarged
Image



GOOD SOURCE OF PROTEIN
10g
PROTEIN
per bar

INGREDIENTS: GRANOLA (WHOLE GRAIN OATS, SUGAR, BROWN RICE CRISPS (WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT), WHOLE GRAIN WHEAT, SOYBEAN OIL, WHOLE WHEAT FLOUR, MOLASSES, BAKING SODA, SOY LECITHIN, SKIM MILK), WHEY PROTEIN CRISPS (WHEY PROTEIN CONCENTRATE, CORN STARCH, CALCIUM CARBONATE), VANILLA FLAVORED COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN ISOLATE, PALM OIL, SOY LECITHIN, SORBITAN TRISTEARATE, NATURAL FLAVOR, SALT, TBHQ (TO PRESERVE FRESHNESS), CITRIC ACID), MILK PROTEIN CONCENTRATE, CHOCOLATE EXTRACT, GLYCERIN, CORN SYRUP, CHOCOLATE FLAVORED COOKIE PIECES (WHOLE WHEAT FLOUR, SUGAR, PALM OIL, COCOA (PROCESSED WITH ALKALI), SALT, DEXTROSE, BAKING SODA, SOY LECITHIN), WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, MILK, SKIM MILK, BUTTER OIL, SOY LECITHIN, VANILLA EXTRACT), INVERT SUGAR, SORBITOL, AND LESS THAN 2% OF SKIM MILK, SUNFLOWER OIL, SUGAR, NATURAL FLAVOR, SALT, TOCOPHEROLS (TO PRESERVE FRESHNESS), AND SOY LECITHIN.

CONTAINS MILK, SOY, AND WHEAT
INGREDIENTS.
MAY CONTAIN PEANUT AND TREE NUTS.

MADE IN CANADA

DISTRIBUTED BY
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003, U.S.A.
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Nutrition Facts

5 servings per container

Serving size 1 bar (40g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 4.5g 5%

Saturated Fat 2.5g 13%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 1g

Cholesterol 10mg 4%

Sodium 95mg 4%

Total Carbohydrate 23g 8%

Dietary Fiber 3g 11%

Total Sugars 9g

Includes 7g Added Sugars 14%

Sugar Alcohol 1g

Protein 10g 20%

Vitamin D 0mcg 0%

Calcium 160mg 10%

Iron 0.4mg 2%

Potassium 100mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



GOOD SOURCE OF PROTEIN
10g
PROTEIN
per bar

Chevy and delicious - Quaker Protein Granola Bars are
tasty, convenient, and great for any time of day. Enjoy the
flavors you love, crafted with a good source of
protein in every bar.



Enlarged
Image

MADE WITH

WHEY PROTEIN CRISPS



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