

MOUNTAIN DEW[®]

EST. 1948

240
CALORIES
PER BOTTLE

16.9 FL OZ
(1.05 PT)
500 mL

Nutrition Facts

Serving size 1 bottle

Amount per serving
Calories 240

% Daily Value

Total Fat 0g 0%

Sodium 85mg 4%

Total Carbohydrate 65g 24%

Total Sugars 65g

Includes 65g Added Sugars 130%

Protein 0g

Not a significant source of saturated fat,
trans fat, cholesterol, dietary fiber,
vitamin D, calcium, iron, and potassium.

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP,
CONCENTRATED ORANGE JUICE, CITRIC ACID,
NATURAL FLAVOR, SODIUM BENZOATE (PRESERVES
FRESHNESS), CAFFEINE, SODIUM CITRATE, GUM
ARABIC, ERYTHORBIC ACID (PRESERVES
FRESHNESS), CALCIUM DISODIUM EDTA (TO



scan for info or
call 800.433.2652

PROTECT FLAVOR), YELLOW 5.
BOTTLED UNDER THE
AUTHORITY OF PEPSICO, INC.,
PURCHASE, NY 10577.
CAFFEINE CONTENT:
77mg/16.9 fl oz

We're here to help. MountainDew.com or 800.433.2652

ME-VI-MAN-VA-HI-5C MI-OR 10C CTRV CA ORV

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FDO



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how2recycle.info

REFRESH THEN
RECYCLE

REFRESH THEN
RECYCLE

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