



Questions or Comments? 1-800-352-4477 Weekdays 9:00am to 4:30pm Central Time

## **Nutrition Facts**

2 servings per container
Serving size About 20 pieces (28g)

<u>Calories</u>	Per s	Per serving 160		Per package	
		% DV*		% DV*	
Total Fat	10g	13%	21g	27%	
Saturated Fat	1.5g	8%	3g	16%	
Trans Fat	0g		0g		
Cholesterol	0mg	0%	0mg	0%	
Sodium	210mg	9%	420mg	18%	
Total Carb.	15g	6%	31g	11%	
Dietary Fiber	<1g	3%	1g	5%	
Total Sugars	0g	less than 1g			
Protein	1g		3g		
Vitamin D	0mcg	0%	0mcg	0%	
Calcium	10mg	0%	10mg	0%	
Iron	0.4mg	2%	0.9mg	4%	
Potassium	30mg	0%	70mg	0%	

Not a significant source of added sugars.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Salt, Whey, Monosodium Glutamate, Natural Flavors, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Cream, Artificial Color (Yellow 6 Lake), Butter (Cream, Salt), and Swiss Cheese (Milk, Cheese Cultures, Salt, Enzymes).

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