

**WE'RE
NUTS
ABOUT 'EM™**

NUT HARVEST®
SEA SALTED
WHOLE
CASHEWS



BEST BY

ENLARGED TO SHOW TEXTURE

**5g PROTEIN
PER SERVING***

**370
CALORIES
PER PKG**

*SEE NUTRITION INFORMATION FOR TOTAL FAT AND SATURATED FAT CONTENT

Ⓢ NET WT. 2¼ OZ. (63.7 g)

INGREDIENTS: CASHEWS, VEGETABLE OIL (SUNFLOWER, COTTONSEED, SOYBEAN AND/OR PEANUT OIL), AND SEA SALT.
CONTAINS CASHEW INGREDIENTS.
ALLERGY INFORMATION: MADE ON EQUIPMENT THAT MAKES PRODUCTS CONTAINING PEANUTS AND OTHER TREE NUTS.
MANUFACTURED FOR FRITO-LAY, INC.
PLANO, TX 75024-4099
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Questions or Comments?
1-800-352-4477
Weekdays 9:00am to 4:30pm CT
email or chat at fritolay.com

CHOICE WARNING: Do not give to children younger than 4 years old.

Ingredients derived from a bioengineered source.

**Nutrition
Facts**

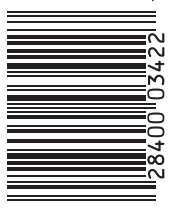
1 serving per container
Serving size
About 2 Tbsp (28g)

Calories
160 370
per serving per package

	Per serving % DV*	Per package % DV*
Total Fat	14g	30g
Saturated Fat	2.5g	5g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	150mg	350mg
Vitamin D	0mcg	0mcg
Calcium	10mg	30mg

	Per serving % DV*	Per package % DV*
Total Carb.	8g	19g
Dietary Fiber	less than 1g	3g
Total Sugars	1g	3g
Incl. Added Sugars	0g	0g
Protein	5g	10g
Iron	1.7mg	8.8mg
Potassium	170mg	390mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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