PASTA RONI.

CHICKEN & BROCCOLI RAVOR with other natural flavors

PASTA RONI.







Try Rice-A-Roni[®] for another easy homemade meal.

MICROWAVE Directions

In 2-quart microwaveable bowl, combine 2 cups water, ¼ cup milk, and 2 tablespoo of butter or margarine. Microwave uncovered at HIGH 4-5 minutes or until boiling. Slowly stir in pasta and Special Seasonings. Microwave at HIGH 5 minutes. Stir. Microwave at HIGH 7-9 more minutes or until pasta is tender; stir well. Sauce will be thin. Let stand 3-5 minutes to thicken. Microwave ovens vary; adjust times as needed.

> LESS FAT DIRECTIONS: Follow Stove Top or Microwave Directions, except substitute butter Directions, except substitute butter with 1/2 thsp olive oil and use 1/3 cup skim milk. •Fat reduced to 5g from 12g per serving. •Saturated Fat reduced to 1g from 3g per serving. •Trans Fat reduced to 0g from 1.5g per serving. See Nutrition Facts Panel for Sodium Content.



CHICKEN & BROCCOLI FLAVOR

Linguine in a chicken and broccoli flavored sauce with other natural flavors





PASTA RONI.

BEST BEFORE:





PASTA RONI

CHICKEN & BROCCOLI FLAVOR



We're here to help.
pastaroni.com or 800-421-2444
Please have package available when calling.

pasta to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

SAFE HANDLING INSTRUCTIONS:
This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product, Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.



smartlabel* Scan here for more food information

Distributed by Golden Grain Co. P.O. Box 049003 Chicago, IL 60604-9003 U.S.A. ©2021 GGC

or call 1-800-421-2444

Nutrition Facts

About 2 servings per container Serving size 2.0 oz (56g/about

1 inch circle dry pasta & 1 Tbsp sauce mix)

6% 2g 6%

| Calories | 19 | 190 | | 290 | |
|---------------|-------|-------|-------|-------|--|
| | | % DV* | | % DV* | |
| Total Fat | 2g | 2% | 12g | 15% | |
| Saturated Fat | 0.5g | 4% | 3g | 15% | |
| Trans Fat | 0g | | 1.5g | | |
| Cholesterol | 0mg | 0% | <5mg | 1% | |
| Sodium | 510mg | 22% | 640mg | 28% | |
| Total Carb. | 37g | 14% | 39g | 14% | |
| | | | | | |

Dietary Fiber

Total Sugars

| Incl. Added Sugars | <1g | 1% | <1g | 1% |
|--------------------|--------|-----|--------|-----|
| Protein | 8g | | 9g | |
| | | | | |
| Vitamin D | 0mcg | 0% | 0mcg | 0% |
| Calcium | 20mg | 0% | 50mg | 4% |
| Iron | 2.2mg | 10% | 2.3mg | 10% |
| Potassium | 190mg | 4% | 230mg | 4% |
| Thiamin | 0.36ma | 30% | 0.42ma | 35% |

2g

Riboflavin 0.2mg 15% 0.26mg 20% Niacin 2.4mg 15% 2.4mg 15% Folate DFE 100mcg 25% 100mcg 25% (0mcg) (0mcg) Folic Acid

The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Wheat flour, broccoli*, palm oil, salt, natural flavor, autolyzed yeast extract, hydrolyzed corn protein, corn syrup solids, sugar, hydrolyzed soy protein, monosodium glutamate, onions, chicken fat, garlic, yeast, parsleas*, princets* or hicken fath, budrolyzed yeast protein, chicken broth, hydrolyzed yeast protein, chicken, guar gum, xanthan gum, hydrolyzed wheat protein, turmeric (color), ferrous sulfate, niacinamide, disodium guanylate, disodium inosinate, thiamine mononitrate, riboflavin, folic acid. (44017-L02-24)

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.

PASTA STOVE TOP DIRECTIONS

- WHAT YOU NEED -







2 TBSP. BUTTER OR MARGARINE

1 In medium saucepan, bring water, milk, and butter or margarine to a boil. Then slowly stir in pasta and Special Seasonings.

2 Reduce heat to medium. Boil uncovered, 9-10 min. or until pasta is just tender, stirring frequently.

Separate pasta with a fork, if needed. Return to a boil.

3 Sauce will be thin.

Let stand 3-5 min. to thicken.



About 2 cups prepared. Enjoy!

MAKE IT A MEAL

EASY AS 1-2-3:

- 1. STIR in brocolli florets during last 5 minutes of cooking.
- 2. ADD cooked chicken breast, sliced
- into pieces during stand time. 3. TOP with chopped parlsey before serving (optional).

Find more ideas at pastaroni.com/recipes



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