



## **Nutrition Facts**

2 servings per container Serving size About 2 1/3 cups (28g)

Calories		Per serving 160		Per cu	
	% DV*		% DV		
Total Fat	11g	14%	5g	69	
Saturated Fat	2g	9%	1g	49	
Trans Fat	0g		0g		
Cholesterol	<5mg	1%	0mg	09	
Sodium	200mg	9%	90mg	49	
Total Carb.	13g	5%	6g	29	
Dietary Fiber	2g	6%	<1g	39	
Total Sugars	1g		<1g		
Protein	2g		1g		
Vitamin D	0mcg	0%	0mcg	09	
Calcium	30mg	2%	10mg	09	

0.4mg 2% 0.2mg 0% 170mg 2% 70mg 0% Potassium

Not a significant source of added sugars.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. INGREDIENTS: POPCORN, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), CHEODAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, AND LESS THAN 2% OF THE FOLLOWING: NATURAL FLAVORS, ONION POWDER, SALT, BUTTERMILK, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, MALTODEXTRIN (MADE FROM CORN), POTASSIUM SALT, TOMATO POWDER, SPICES, DEXTROSE, GARLIC POWDER, LACTOSE, RED AND GREEN BELL PEPPERS, SKIM MILK, CITRIC ACID, SUGAR, PAPRIKA EXTRACTS, VEGETABLE JUICE (COLOR), AND ANNATTO EXTRACTS. CONTAINS MILK INGREDIENTS.

MANUFACTURED FOR SMARTFOODS, INC. PLANO, TX 75024-4099 ©2022 SMARTFOODS, INC.

QUESTIONS OR COMMENTS? 1-888-924-5654 WEEKDAYS 9:00AM-4:30PM CENTRAL TIME





