

Nutrition Facts Serv. size: 1 bar (25g),

Amount per serving: **Calories 100**, **Total Fat** 5g (6% DV), Sat. Fat 0.5g (4% DV), Trans Fat 0g, Polyunsat. Fat 2g, Monounsat. Fat 2g, **Cholest.** 0mg (0% DV), **Sodium** 60mg (3% DV), **Total Carb.** 14g (5% DV), Dietary Fiber 4g (15% DV), Total Sugars 3g (Incl. 3g Added Sugars, 6% DV), Sugar Alcohol 0g, **Protein** 3g, Vit. D (0% DV), Calcium (2% DV), Iron (4% DV), Potas. (2% DV). % DV = Daily Value

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3G
SUGAR



**CHIA
SEED BAR**

Caramel Sea Salt FLAVOR Per bar
WITH OTHER NATURAL FLAVORS

NET WT 0.88 OZ (25 g)



VEGAN

880mg OMEGA-3*

*Contains 880mg of ALA per serving, which
is 55% of the 1.6g daily value for ALA.

INGREDIENTS: WHITE CHIA SEEDS, CASHEW BUTTER, BROWN RICE SYRUP,
CHICORY ROOT FIBER, BROWN RICE CRISPS (WHOLE GRAIN BROWN RICE,
BROWN RICE SYRUP, SALT), WHOLE GRAIN OATS, BROWN SUGAR, ALMONDS,
WHITE GRAIN SORGHUM EXTRACT, GUM ARABIC, SEA SALT, TOCOPHEROLS
(TO PRESERVE FRESHNESS), NATURAL FLAVOR. (F0000631755-L02-1)

CONTAINS ALMOND AND CASHEW INGREDIENTS.

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