BOLD
CRUNCH
TASTY FLAVOR
NEW
SERIOUS CRUNCH
Lay's
guaranteed fresh
until printed date.
Kettle Cooked
CAJUN SPICE
FLAVORED
POTATO CHIPS
NET WT. 2 ½ OZ. (70.8 g)
Nutrition Facts
2.5 servings per container
Serving size About 15 chips (28g)
Calories
Per serving 150
Per package 370
% DV*
Total Fat 9g 11% 21g 27%
Saturated Fat 1g 6% 3g 14%
Trans Fat 0g 0g
Cholesterol 0mg 0% 0mg 0%
Sodium 140mg 6% 350mg 15%
Total Carb. 17g 6% 42g 15%
Dietary Fiber 2g 6% 4g 14%
Total Sugars 1g 3g
Protein 2g 5g
Vitamin D 0mcg 0% 0mcg 0%
Calcium 20mg 0% 50mg 2%
Iron 0.7mg 2% 1.8mg 8%
Potassium 400mg 8% 1000mg 20%
Vitamin C 6% 15%
Not a significant source of added sugars.
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
INGREDIENTS: POTATOES, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF SPICES INCLUDING BLACK PEPPER, RED PEPPER, AND THYME, SALT, CORN MALTODEXTRIN, BROWN SUGAR, DEXTROSE, MALTODEXTRIN, ONION POWDER, SUGAR, GARLIC POWDER, POTASSIUM SALT, CORN SYRUP SOLIDS, PAPRIKA, CITRIC ACID, YEAST EXTRACT, PAPRIKA EXTRACTS, LACTOSE, NATURAL FLAVORS, SKIM MILK, AND BUTTERMILK.
CONTAINS MILK INGREDIENTS.
FRITO-LAY, INC.
PLANO, TX 75024-4099
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Scan here for more food information or call 1-800-352-4477
Find us on Lays.com
NO ARTIFICIAL FLAVORS
Questions or Comments? 1-800-352-4477
GUARANTEED FRESH
Until printed date or this snack is on us
Mon–Fri 9:00am to 4:30pm CT email or chat at fritolay.com
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