

from Artificial

Sources

**Flavors** 

**Preservatives** 











For special offers, information and to join the conversation, Made With 100% Whole Grains and Other Delicious Ingredients visit: QuakerOats.com, Facebook.com/Quaker or @Quaker



F0000020781-L02-1

BEST BEFORE

This package is sold by weight, not volume. Some settling may have occurred during shipping and handling.

We're here to help. Quakeroats.com or 800.234.6281 Please have package available when calling.



— NO — COLORS FROM ARTIFICIAL SOURCES

About 7 servings per container
Serving size 3/4 cup (55g) **Calories Fotal Fat** 6g WHOLE **GRAINS** 

## Saturated Fat 1.5g Trans Fat 0g Polyunsaturated Fat 1.5g Monounsaturated Fat 2.5g Sodium 150mg Total Carbohydrate 40g Dietary Fiber 3g Total Sugars 9g Calcium 20mg ron 1.2mg Potassium 130mg \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutrition Facts** 

230

% Daily Value\*

**INGREDIENTS:** Whole grain oats, brown rice crisp (whole grain brown rice flour, sugar, salt), sugar, whole grain wheat, maltodextrin, canola oil, coconut, whey protein, molasses, baking soda, natural flavor, honey, dried vegetable juice concentrate (color), nonfat dry milk, lecithin, tocopherols (to preserve freshness).

CONTAINS COCONUT, MILK, **SOY AND WHEAT** INGREDIENTS.

DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003 U.S.A.
© 2023 The Quaker Oats Company

smartlabel\* Scan here for more food information

or call 1-800-234-6281 **CHOKE WARNING:** DO NOT GIVE TO CHILDREN YOUNGER THAN 4 YEARS OLD.



35 grams of whole grains per serving from whole grain oats, whole grain brown rice flour, and whole grain wheat.



32635769302

