

Made With 100% Whole Grains
and Other Delicious Ingredients

For special offers, information
and to join the conversation,
visit: QuakerOats.com,
[Facebook.com/Quaker](https://www.facebook.com/Quaker)
or @Quaker

NET WT 13.6 OZ (387 g)

35 grams of whole grains per serving from whole grain oats, whole grain brown rice flour, and whole grain wheat

