

TO CLOSE INSERT TAB

CRISPY, CRUNCHY, FRUITY... DELICIOUS!

Dive right into Quaker® Puffed Granola for a delightfully tasty experience that you will love more and more with every bite. Our unique granola blend features sweet and crunchy whole grain flakes, crispy whole grain brown rice puffs, dried fruit pieces and other delicious ingredients. With 40g of whole grains per serving, and a light and airy texture, this granola will add spoonfuls of goodness to your morning.

Try it with milk, enjoy over yogurt or simply snack on it by the handful!



No Artificial
Flavors

Good Source
of Fiber
Contains 7g total
fat per serving

40g of
Whole Grains
per serving



Winner Breakfast Category.
Survey of 40,000 people
by Kantar

TRY ALL OF OUR
DELICIOUS FLAVORS:



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26g from Whole Grain
Oats and 14g from
Whole Grain Brown Rice

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BEST BEFORE
5
7
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6



PUFFED
GRANOLA

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Please have package available
when calling.

40G
WHOLE
GRAINS
PER SERVING

NO ARTIFICIAL FLAVORS

GOOD
SOURCE OF
FIBER

CONTAINS 7g TOTAL
FAT PER SERVING



PUFFED GRANOLA BLUEBERRY VANILLA FLAVOR WITH OTHER NATURAL FLAVORS

UNIQUE
LIGHT &
CRISPY
TEXTURE



NET WT 17 OZ (1 LB 1 OZ) 482 g

Enlarged Image
Serving Suggestion

per serving
240 CALORIES 1g SAT FAT 4% DV 90mg SODIUM 4% DV 8g ADDED SUGARS 17% DV



PUFFED
GRANOLA



Nutrition Facts

About 8 servings per container
Serving size 3/4 cup (64g)

Amount per serving
Calories 240

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g 4%

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 3.5g

Cholesterol 0mg 0%

Sodium 90mg 4%

Total Carbohydrate 43g 16%

Dietary Fiber 3g 12%

Total Sugars 11g

Includes 8g Added Sugars 17%

Protein 5g

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron 1.4mg 6%

Potassium 230mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole grain oats, brown rice crisp (whole grain brown rice flour, sugar, salt), sugar, canola oil, nonfat dry milk, whey, corn starch, dried blueberries, molasses, honey, natural flavor, whole grain wheat, soy lecithin, coconut oil, tocopherols (to preserve freshness).

CONTAINS MILK, SOY AND
WHEAT INGREDIENTS.

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THE QUAKER OATS COMPANY
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CHICAGO, IL 60604-9003 U.S.A.
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This package is sold by weight,
not volume.
Some settling may have occurred
during shipping and handling.