

## Nutrition Facts

About 2.5 servings per container  
Serving size 2.0 oz (56g/about 1/4 cup rice and 1 Tbsp seasoning mix)

|                            | As packaged | As prepared |
|----------------------------|-------------|-------------|
| <b>Calories</b>            | <b>190</b>  | <b>280</b>  |
|                            | % DV*       | % DV*       |
| <b>Total Fat</b>           | 0.5g        | 1g          |
| <b>Saturated Fat</b>       | 0g          | 0g          |
| <b>Trans Fat</b>           | 0g          | 0g          |
| <b>Polyunsaturated Fat</b> | 0g          | 0.5g        |
| <b>Monounsaturated Fat</b> | 0g          | 3g          |
| <b>Cholesterol</b>         | 0mg         | 0mg         |
| <b>Sodium</b>              | 610mg       | 27% 710mg   |
| <b>Total Carb.</b>         | 44g         | 16% 44g     |
| <b>Dietary Fiber</b>       | <1g         | 3% <1g      |
| <b>Total Sugars</b>        | 0g          | 0g          |
| <b>Incl. Added Sugars</b>  | 0g          | 0% 0g       |
| <b>Protein</b>             | 4g          | 4g          |
| <b>Vitamin D</b>           | 0mcg        | 0% 0mcg     |
| <b>Calcium</b>             | 50mg        | 2% 50mg     |
| <b>Iron</b>                | 1.7mg       | 8% 1.7mg    |
| <b>Potassium</b>           | 350mg       | 6% 350mg    |
| <b>Thiamin</b>             | 0.18mg      | 15% 0.18mg  |
| <b>Niacin</b>              | 2.4mg       | 15% 2.4mg   |
| <b>Folate DFE</b>          | 120mcg      | 30% 120mcg  |
| <b>Folic Acid</b>          | (77mcg)     | (77mcg)     |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Rice, corn maltodextrin, salt, corn syrup solids, citric acid, parsley, potassium salt, cilantro, lime extract, natural flavor, soy sauce, iron (iii) phosphate, niacinamide, thiamine mononitrate, folic acid.

**CONTAINS SOY AND WHEAT INGREDIENTS.**  
(F0000001609-L02-2)

See side panels for additional product information.

## Preferred Method RANGE TOP DIRECTIONS

### - WHAT YOU NEED -



1 In a medium saucepan, combine butter or margarine, water, rice, and Special Seasonings; bring to a boil.

2 Cover, reduce heat to medium-low. Simmer for 22-25 minutes or until most of liquid is absorbed.

3 Remove from heat, leave covered. Let stand for 5 minutes. Stir well before serving.

About 2 1/2 cups prepared. Enjoy!

## TRY RICE-A-RONI® HEAT & EAT



**DELICIOUS FLAVOR IN 90 SEC**

MAKE IT A MEAL BY ADDING CHICKEN AND BROCCOLI

## RICE A RONI.

### CILANTRO LIME



Try Pasta RONI® for another easy homemade meal.

### MICROWAVE DIRECTIONS

In a 2-quart microwavable bowl, combine rice, Special Seasonings, 2 1/2 cups water, and 2 tablespoons butter or margarine. Cover; microwave at HIGH 22-25 minutes or until rice is tender. Rice will be saucy. Let stand 5 minutes before serving. Microwave ovens vary; adjust times as needed.

**LESS FAT DIRECTIONS:**  
Follow Range Top or Microwave Directions, except substitute butter with 1/2 tablespoon olive oil. • Total fat reduced to 3.5g from 10g. • Sat fat reduced to 0.5g from 1g. • Trans Fat reduced to 0g from 0.5g. See Nutrition Facts Panel for Sodium Content.

## RICE A RONI. CILANTRO LIME



### CILANTRO LIME

Rice with zesty cilantro lime seasoning



Per Serving

|          |         |        |              |
|----------|---------|--------|--------------|
| 190      | 0g      | 610mg  | 0g           |
| CALORIES | SAT FAT | SODIUM | ADDED SUGARS |
|          | 0% DV   | 27% DV | 0% DV        |

SEVING SUGGESTION

NET WT 5.6 OZ (160 g)

## RICE A RONI.

BEST BEFORE:



UPC/PURCHASE SEAL



RAR CILANTRO LIME

## RICE A RONI.

### CILANTRO LIME



**SAFE HANDLING INSTRUCTIONS:**  
This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.



**QUALITY GUARANTEED**  
Grain Mix Filled To This Line

Package contains empty space to accommodate grain to seasoning ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

We're here to help. [ricearoni.com](http://ricearoni.com) or 800-421-2444. Please have package available when calling.



Distributed by Golden Grain Co.  
P.O. Box 040003 Chicago, IL  
60604-0003 U.S.A.  
© 2024 GGC

32630140630