

SHAKE WELL TWIST TO OPEN ▶

GATORADE®
NUTRITION
SHAKE

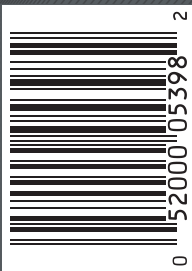


20 GRAMS OF
HIGH-QUALITY
PROTEIN, INCLUDING
CASEIN AND WHEY,
TO HELP REBUILD
MUSCLE.
16 VITAMINS AND
MINERALS TO
HELP SUPPORT
DAILY NUTRITION.
55 GRAMS OF CARBS
TO PROVIDE ENERGY
AND HELP FILL
GLYCOGEN STORES.

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32350539801 (MC) ME 54 OR 100 CA CAN

GATORADE®
NUTRITION
SHAKE

NUTRITION
SHAKE

VANILLA
ARTIFICIALLY FLAVORED

11.16 FL OZ (330 mL)

370
CALORIES
PER BOTTLE

Nutrition Facts

Serving size 1 Bottle (330 mL)

Amount per serving

Calories 370

% Daily Value*

Total Fat 8g	11%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 290mg	13%
Total Carbohydrate 55g	20%
Dietary Fiber less than 1g	3%
Total Sugars 29g	
Includes 28g Added Sugars	57%
Protein 20g	40%

Vitamin D 3mcg	15%	Calcium 390mg	30%
Iron 1.5mg	8%	Potassium 650mg	15%
Vitamin A 320mcg	35%	Vitamin C 135mg	150%
Vitamin E 6mg	40%	Riboflavin 0.59mg	45%
Vitamin B6 0.34mg	20%	Vitamin B12 2.88mcg	120%
Biotin 63mcg	210%	Pantothenic Acid 1mg	20%
Phosphorus 560mg	45%	Iodine 53mcg	35%
Magnesium 105mg	25%	Zinc 7.7mg	70%
Manganese 0.58mg	25%		

* The % Daily Value (DV) tells you how much a nutrient
in a serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

Water, sugar, maltodextrin, milk protein isolate, canola oil, mono- and diglycerides, potassium phosphate, cellulose gel, magnesium phosphate, natural and artificial flavor, salt, sodium ascorbate (vitamin C), cellulose gum, carrageenan, vitamin E acetate, ferric orthophosphate, zinc oxide, vitamin A palmitate, calcium pantothenate, manganese sulfate, vitamin D3, pyridoxine hydrochloride (vitamin B6), riboflavin, biotin, potassium iodide, cyanocobalamin (vitamin B12).

CONTAINS MILK INGREDIENTS.

DIST. BY: THE GATORADE CO., P.O. BOX 049003, CHICAGO, IL 60604
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Comments? 1-800-884-2867 or visit gatorade.com
REFRIGERATE AFTER OPENING. SHAKE WELL.