

POPPED. NEVER FRIED.

- 14g WHOLE GRAINS PER SERVING
- NO ARTIFICIAL PRESERVATIVES OR FLAVORS
- GLUTEN FREE
- NO HIGH FRUCTOSE CORN SYRUP
- LOW CHOLESTEROL
- NO COLORS FROM ARTIFICIAL SOURCES



FULL OF FLAVOR. FULL OF CRUNCH.

MADE WITH CORN & WHOLE GRAIN BROWN RICE

WITH OTHER NATURAL FLAVORS

BITE-SIZED & DELICIOUS!

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UPC/PURCHASE SEAL

DO NOT HEAT IN TOASTER OR MICROWAVE.

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We're here to help.
QuakerOats.com or 800.856.5781
Please have package available when calling.
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QUAKER®
- ESTD 1877 -

JALAPEÑO CHEDDAR

FLAVOR WITH OTHER NATURAL FLAVORS

RICE CRISPS

GLUTEN FREE

14 GRAMS WHOLE GRAINS PER SERVING

NO ARTIFICIAL FLAVORS



PER SERVING

130 CALORIES

0.5g SAT FAT 3% DV

200mg SODIUM 9% DV

0g ADDED SUGARS 0% DV

NET WT 3.03 OZ (86 g)

Nutrition Facts

About 3 servings per container
Serving size About 16 crisps (28g)

Amount per serving		% Daily Value*
Calories	130	
Total Fat	4.5g	6%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Polyunsaturated Fat	1.5g	
Monounsaturated Fat	2.5g	
Cholesterol	0mg	0%
Sodium	200mg	9%
Total Carbohydrate	20g	7%
Dietary Fiber	<1g	3%
Total Sugars	<1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.4mg	2%
Potassium	200mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole grain brown rice flour, corn grits, vegetable oil (canola and/or sunflower oil), corn maltodextrin, and less than 2% of salt, potassium salt, whey, natural flavors, jalapeño pepper, onion powder, cheddar cheese (milk, cheese cultures, salt, enzymes), spices, yeast extract, sugar, garlic powder, vinegar, skim milk, buttermilk, paprika extract (color), annatto extract (color), and tocopherols (to preserve freshness).

CONTAINS MILK INGREDIENTS.

DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 949003
CHICAGO, IL 60694-9003 U.S.A.



BEST BEFORE: