



LIFT TAB CAREFULLY TO OPEN

SIMPLY GRANOLA

OATS, HONEY, RAISINS & ALMONDS

**NO ARTIFICIAL** FLAVORS OR ADDED COLORS

EXCELLENT SOURCE OF FIBER

CONTAINS 7G TOTAL FAT PER SERVING



**Nutrition Facts** 

About 10 servings per container Serving size 2/3 cup (68g)

Calories 270 **Total Fat** 7g

Saturated Fat 1g Trans Fat 0g Polyunsaturated Fat 3g

Monounsaturated Fat 2g Cholesterol 0mg Sodium 35mg

Total Carbohydrate 51g 19%

Dietary Fiber 7g Total Sugars 16g Includes 9g Added Sugars 19%

Protein 7g Vitamin D 0mcg Iron 1.7mg

Potassium 230mg \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used fo

oil), whey, inulin, almonds, nonfat dry milk, glycerin, molasses, whey protein concentrate, honey, natural flavor, sunflower oil, tocopherols (to

CONTAINS ALMOND, COCONUT, MILK AND WHEAT INGREDIENTS.

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-SIMPLY-GRANOLA

## **Cereal Filled To This Line**

Package contains empty space to accommodate product size and/or density variation and to is sold by weight, not by volume. Contents may settle during shipping and handling.

TRY OUR OTHER **DELICIOUS FLAVORS:** QUAKER® PROTEIN GRANOLA OATS, CHOCOLATE & ALMONDS



QUAKER® SIMPLY GRANOLA OATS, HONEY & ALMONDS









For special offers, information and to join the conversation. visit: QuakerOats.com or @Quaker

\*Made with 21g of Whole Grain Oats and 21g of Whole Grain Wheat per serving

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HEART
HEALTHY
Diets rich in whole grain
foods and other plant foods and
low in saturated fat and cholesterol
may help reduce the risk of heart disease.



Enlarged Image Serving Suggestion OD NET WT 24.1 OZ (1 LB 8 OZ) 685 g



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