

HYDRATES BETTER THAN WATER



REHYDRATE. REPLENISH. REFUEL.



GATORADE
FIERCE BOLD &
THIRST QUENCHER **INTENSE**

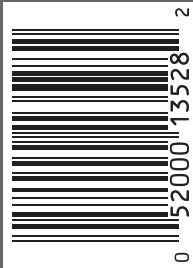
STRAWBERRY

ARTIFICIALLY FLAVORED

28 FL OZ (1.75 PT) 828 mL

80
CALORIES
PER 12 FL OZ
SERVING

ME-HI 5¢ OR 10¢ CTRV CA CRV



REHYDRATE
TO SUPPORT YOUR
BEST PERFORMANCE

REPLENISH
ELECTROLYTES TO HELP
REPLENISH WHAT YOU
LOSE IN SWEAT

REFUEL
CARBS TO HELP REFUEL
WORKING MUSCLES



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ARTIFICIALLY FLAVORED

28 FL OZ (1.75 PT) 828 mL

80
CALORIES
PER 12 FL OZ
SERVING

CONTAINS NO FRUIT JUICE

Nutrition Facts

About 2.5 servings per container

Serving size 12 fl oz (360 mL)

	Per serving	Per container
Calories	80	190
	% Daily Value	% Daily Value
Total Fat	0g 0%	0g 0%
Sodium	160mg 7%	380mg 17%
Total Carb.	22g 8%	51g 18%
Total Sugars	21g	48g
Incl. Added Sugars	21g 41%	48g 96%
Protein	0g	0g
Potassium	50mg 0%	110mg 2%

Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.

Water, sugar, dextrose, citric acid, sodium citrate, salt, monopotassium phosphate, gum arabic, natural and artificial flavor, purple sweet potato juice concentrate (color), glycerol ester of rosin. DIST. BY: THE GATORADE CO., P.O. BOX 134903, CHICAGO, IL 60684. ©2025 S-C, Inc. GATORADE and G DESIGN are registered trademarks of S-C, Inc.

REHYDRATE
THEN RECYCLE



REFRIGERATE AFTER OPENING.

Comments? 1-800-884-2867
or visit gatorade.com

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food information or call
1-800-884-2867