

Nutrition Facts

About 3 servings per container

Serving size 2.0 oz (56g/about 1/3 cup dry rice pasta mix & 1 tbsp seasoning mix)

Calories	As packaged		As prepared	
		% DV*		% DV*
Total Fat	0.5g	1%	4.5g	6%
Saturated Fat	0g	0%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	10mg	4%
Sodium	390mg	17%	430mg	19%
Total Carb.	41g	15%	41g	15%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	<1g		<1g	
Incl. Added Sugars	0g	1%	0g	1%
Protein	5g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	20mg	0%	20mg	0%
Iron	1.7mg	8%	1.7mg	8%
Potassium	410mg	8%	410mg	8%
Thiamin	0.3mg	25%	0.3mg	25%
Riboflavin	0.1mg	8%	0.1mg	8%
Niacin	1.6mg	10%	1.6mg	10%
Folate DFE	140mcg	35%	140mcg	35%
Folic Acid	(84mcg)		(84mcg)	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, wheat flour, maltodextrin, natural flavor, potassium salt, salt, hydrolyzed soy protein, autolyzed yeast extract, onion powder, monosodium glutamate, hydrolyzed corn protein, dried parsley, yeast, chicken fat, sunflower oil, garlic powder, dried chicken, chicken broth, sugar, turmeric extract (color), disodium guanylate, disodium inosinate, iron (iii) phosphate, niacinamide, thiamine mononitrate, folic acid, riboflavin.

CONTAINS SOY AND WHEAT INGREDIENTS. (43061-L02-18)

* Original Rice-A-Roni® Chicken Sodium: 800mg per serving
Reduced Sodium Rice-A-Roni®: 390mg per serving

Preferred Method RICE RANGE TOP DIRECTIONS - WHAT YOU NEED -



1 In a large skillet, combine rice-vermicelli mix and butter or margarine. Sauté over medium heat until vermicelli is golden brown, stirring frequently.

2 Slowly stir in water and Special Seasonings; bring to a boil.

3 Cover and reduce heat to low. Simmer 15 to 20 minutes or until rice is tender.

About 3 cups prepared. Enjoy!
See side panels for additional product information.



MAKE IT A MEAL BY ADDING CHICKEN AND BROCCOLI

RICE RÔNI.

CHICKEN
FLAVOR
with other natural flavors
LOWER SODIUM*



Try Pasta Roni® for another easy homemade meal.

MICROWAVE DIRECTIONS

In 2-quart microwaveable bowl, combine rice-vermicelli mix and 1 tablespoon butter or margarine. Microwave uncovered at HIGH 1 minute. Stir. Microwave at HIGH 1-2 more minutes or until vermicelli is golden brown. Remove and stir in 3 cups water and Special Seasonings. Microwave uncovered, at HIGH 17-20 minutes or until rice is tender. Let stand 5 minutes before serving. Microwave ovens vary; adjust times as needed.

LESS FAT DIRECTIONS:
Follow Range Top or Microwave Directions, except substitute butter with 1/2 tablespoon olive oil.
* Fat reduced to 2.5g from 4.5g.
* Sat Fat reduced to 1.5g from 2.5g. See Nutrition Facts Panel for Sodium Content.

RICE A RONI.

CHICKEN
FLAVOR
with other natural flavors
LOWER SODIUM*



CHICKEN FLAVOR

Rice, vermicelli, chicken broth and herbs
with other natural flavors

LOWER SODIUM*

33% less sodium than original Rice-A-Roni®. See back panel for sodium content.



Per Serving

190
CALORIES

0g
SAT FAT
0% DV

390mg
SODIUM
17% DV

0g
ADDED
SUGARS
1% DV

SERVING
SUGGESTION

NET WT 6.9 OZ (195 g)

RICE A RONI.

BEST BEFORE:



UPC/PURCHASE SEAL



BAR 1/3 IS CHICKEN

RICE RÔNI.

CHICKEN
FLAVOR
with other natural flavors
LOWER SODIUM*



SAFE HANDLING INSTRUCTIONS:
This product is not ready-to-eat and must be thoroughly cooked before eating to prevent illness from potential bacteria in the product. Do not eat or play with raw product; wash hands, utensils, and surfaces after handling.

Grain Mix Filled To This Line

Package contains empty space to accommodate grain to cooking ratio. This package is sold by weight, not by volume. Contents may settle during shipping and handling.

QUALITY GUARANTEED
We're here to help. ricearoni.com or 800-421-2444
Please have package available when calling.



Scan here for more food information or call
1-800-421-2444

Distributed by Golden Grain Co.
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