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SHAKE WELL
SEALED FOR YOUR PROTECTION

KNOCKOUT
CHOCOLATE
ARTIFICIALLY FLAVORED

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CHOCOLATE
ARTIFICIALLY FLAVORED

PRO ADVANCED
NUTRITION
40G PROTEIN

1 GRAM SUGAR | **16 VITAMINS** & MINERALS | **6 GRAMS** FIBER

INGREDIENTS: WATER, MILK PROTEIN ISOLATE, CALCIUM CASEINATE, CONTAINS LESS THAN 2% OF SODIUM CASEINATE, COCOA (PROCESSED WITH ALKALI), SOLUBLE CORN FIBER, NATURAL AND ARTIFICIAL FLAVOR, HIGH OLEIC SUNFLOWER OIL, CELLULOSE GEL, INULIN, TRIPOTASSIUM PHOSPHATE, POTASSIUM CHLORIDE, POTASSIUM PHOSPHATE, SODIUM POLYPHOSPHATES, CELLULOSE GUM, SUCRALOSE, CARRAGEENAN, ACESULFAME POTASSIUM, SALT, ASCORBIC ACID (PRESERVES FRESHNESS), SODIUM CITRATE, FERRIC PYROPHOSPHATE, CALCIUM PHOSPHATE, VITAMIN E ACETATE, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), VITAMIN D3, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN, FOLIC ACID, POTASSIUM IODIDE, CHROMIUM CHLORIDE, BIOTIN, CYANOCOBALAMIN (VITAMIN B12).

CONTAINS MILK INGREDIENTS.

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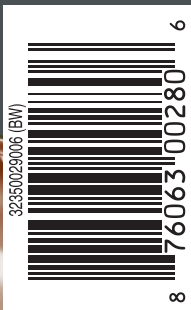
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REFRIGERATE
AFTER
OPENING

CA CRV
ME-HI 5¢ OR 10¢

220
CALORIES
PER BOTTLE

40 GRAMS
PROTEIN

1 GRAM SUGAR† | **16 VITAMINS** & MINERALS

PROTEIN SHAKE

14 FL OZ (414 mL)

CONTAINS NO MILK / INCLUDES MILK PROTEINS

MUSCLE MILK®



FROM THE
MAKERS OF



PRO ADVANCED
NUTRITION
40G PROTEIN

MM MUSCLE MILK®

Nutrition Facts

Serving size 1 bottle (414 mL)

Amount per serving
Calories **220**

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 230mg	10%
Total Carbohydrate 12g	4%
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 40g	79%

Vitamin D 9mcg	45%	Calcium 650mg	50%
Iron 4.5mg	25%	Potassium 800mg	15%
Vitamin A 230mcg	25%	Vitamin E 4.5mg	30%
Thiamin 0.18mg	15%	Riboflavin 0.52mg	40%
Niacin 4mg	25%	Vitamin B6 0.43mg	25%
Folate 80mcg DFE (47mcg folic acid)	20%	Vitamin B12 1.08mcg	45%
Biotin 12mcg	40%	Pantothenic Acid 2mg	40%
Iodine 38mcg	25%	Zinc 2.8mg	25%
Copper 0.23mg	25%	Chromium 8.8mcg	25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

† See nutrition information for sugar content