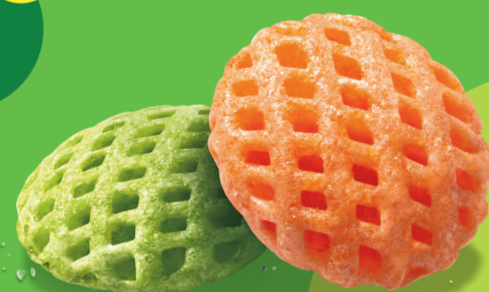


Lay's  
POPPABLES®



BITE-SIZED  
DELICIOUSNESS  
(WITH REAL VEGGIES!)

ONE  
POP  
AT A TIME!



Lay's  
VEGGIE  
POPPABLES®

SEA  
SALT



Snacks enlarged  
to show texture

MADE WITH  
- POTATO & -  
REAL VEGGIES



NO ARTIFICIAL  
FLAVORS OR  
COLORS FROM  
ARTIFICIAL  
SOURCES

GLUTEN  
- FREE -

GUARANTEED FRESH  
• UNTIL PRINTED DATE •

POTATO & VEGGIE SNACKS

Ⓢ NET WT. 5 OZ. (141.7 g)

### Nutrition Facts

5 servings per container  
Serving size About 29 pieces (28g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 140mg	<b>6%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars less than 1g	
<b>Protein</b> 2g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 90mg	0%

Not a significant source of added sugars.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** POTATO STARCH, SUNFLOWER OIL AND/OR CANOLA OIL AND/OR CORN OIL, WHOLE CHICKPEA FLOUR, WHOLE YELLOW PEA FLOUR, CORN FLOUR, DRIED POTATOES, SEA SALT, SPINACH POWDER, TOMATO POWDER, BEET POWDER, ANNATTO EXTRACT (COLOR), AND TURMERIC EXTRACT (COLOR).

FRITO-LAY, INC.  
PLANO, TX 75024-4099  
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Questions or Comments?  
1-800-352-4477

**GUARANTEED FRESH**  
Until printed  
date or this snack is on us

Mon-Fri 9:00am to 4:30pm CT email at [fritolay.com](mailto:fritolay.com)

