

**INGREDIENTS:** WHOLE CORN, SUNFLOWER AND/OR CANOLA OIL, WHOLE WHEAT, BROWN RICE FLOUR, WHOLE OAT FLOUR, SUGAR, MALTODEXTRIN (MADE FROM CORN), SALT, WHEY NATURAL FLAVORS, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), ONION POWDER, BUTTERMILK POTASSIUM CHLORIDE, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), YEAST EXTRACT, LACTOSE, PAPRIKA EXTRACTS, SODIUM CASEINATE, CITRIC ACID, SKIM MILK, GARLIC POWDER, LACTIC ACID, AND PARMESAN CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES). CONTAINS MILK AND WHEAT INGREDIENTS.

**FRITO-LAY, INC.**  
 PLANO, TX 75024-4099  
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AT SUNCHIPS WE BELIEVE  
 BEING DIFFERENT IS GOOD.  
 THAT'S WHY WE CREATED TASTY,  
**ONE-OF-A-KIND**  
 CHIPS THAT TAKE SNACKING FROM  
 HO-HUM TO OH YEAH!

FIND US ON: FACEBOOK.COM/SUNCHIPS  
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Questions or Comments? 1-800-352-4477  
 Weekdays 9:00am to 4:30pm CT



DIETS RICH IN WHOLE GRAIN FOODS AND OTHER PLANT FOODS,  
 AND LOW IN SATURATED FAT AND CHOLESTEROL,  
 MAY REDUCE THE RISK OF HEART DISEASE.



~100% WHOLE GRAIN~

**HARVEST  
 CHEDDAR**



guaranteed fresh  
 until printed date



**140  
 CALORIES  
 PER PKG**

FLAVORED WHOLE GRAIN SNACKS

NET WT. 1 OZ. (28.3 g)

Be kind today and...  
 tell someone  
 you are grateful  
 for them.

100% WHOLE GRAIN NO ARTIFICIAL FLAVORS  
 HEART HEALTHY 30% LESS FAT THAN REGULAR POTATO CHIPS

Regular potato chips contain 10g of fat per 1 oz. serving.  
 SunChips® Harvest Cheddar® Flavored Whole Grain Snacks  
 contain 6g of fat per 1 oz. serving.

**Nutrition Facts**

1 serving per container  
**Serving size 1 package**

Amount per serving  
**Calories 140**

	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 170mg	<b>8%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>3%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 100mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

