

COMPLETE PROTEIN
WITH ALL THE ESSENTIAL
AMINO ACIDS TO HELP
REBUILD MUSCLE

FAST-ACTING, HIGH QUALITY
WHEY PROTEIN ISOLATE

0 GRAMS TOTAL SUGARS

NO ADDED COLORS OR
ARTIFICIAL FLAVORS

NOT A LOW CALORIE FOOD
SEE NUTRITION INFORMATION FOR
CALORIE AND SUGAR CONTENT.



Scan here for more
food information or call
1-800-884-2867

ESSNTL™

From the lab where sport and
science collide, a precision
blend of ingredients built on
the essentials.

MINIMAL INGREDIENTS,
MAXIMUM RESULTS.

Notice: Use this product as a
food supplement only.
Do not use for weight reduction



VANILLA
NATURALLY FLAVORED

1G CARBS PER SERVING

ESSNTL™

WHEY
ISOLATE
PROTEIN
POWDER

20g
PROTEIN
PER SERVING

1g
CARBS
PER SERVING

NET WT 48 OZ
(3 LBS) 1.36 kg

90
CALORIES
PER 12 FLOZ
PREPARED

Nutrition Facts

About 57 servings per container
Serving size 1/3 cup (24g)
(Approx. 1 scoop) makes about 12 fl oz

Amount per serving	% Daily Value*
Calories	90
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.2mg	0%
Potassium 20mg	0%

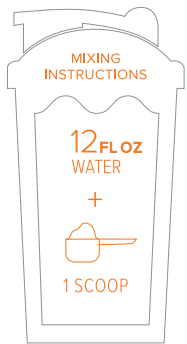
* The % Daily Value (DV) tells you how much a nutrient
in a serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

Whey protein isolate, maltodextrin, modified
cornstarch, sunflower lecithin, salt, natural flavor,
purified stevia leaf extract.
CONTAINS MILK INGREDIENTS.

DIST. BY: THE GATORADE CO.
P.O. BOX 049003, CHICAGO, IL 60604

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Comments? 1-800-884-2867 or visit gatorade.com



DIRECTIONS

- 1 ADD 12 FL OZ OF COLD WATER TO
A SHAKER BOTTLE OR BLENDER
- 2 ADD 1 SCOOP POWDER
- 3 SHAKE OR BLEND FOR
30 SECONDS (OR UNTIL
POWDER IS FULLY DISSOLVED)
- 4 CONSUME IMMEDIATELY

NOT RECOMMENDED: MIXING WITH A GLASS
& SPOON OR BLENDING ON A HIGH SPEED

PRODUCT SETTLES IN SHIPMENT.
KEEP IN A COOL, DRY PLACE.
REPLACE PLASTIC CAP TIGHTLY AFTER USE.



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