

Serving size 2.0 oz (56g/about 1/4 cup dry rice & 1 Tbsp seasoning mix)

	As packaged		As prepared	
Calories	200		230	
	% DV*		% DV*	
Total Fat	0.5g	1%	4.5g	6%
Saturated Fat	0g	0%	2.5g	12%
Trans Fat	0g		0g	
Polysaturated Fat	0g		0g	
Monounsaturated Fat	0g		1g	
Cholesterol	0mg	0%	10mg	3%
Sodium	620mg	27%	660mg	29%
Total Carb.	43g	16%	43g	16%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	0g		0g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	5g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	30mg	2%
Iron	0.7mg	2%	0.7mg	2%
Potassium	200mg	4%	210mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice, wheat flour, salt, autolyzed yeast extract, potassium salt, onions, garlic turmeric (color). (00105-L02-4)

CONTAINS WHEAT INGREDIENTS.

Distributed by:
Near East Food Products
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Chicago, IL 60604-9003

See side panel for additional product information.
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RANGE TOP DIRECTIONS

1. In medium saucepan, bring 1-3/4 cups water and 1 tablespoon olive oil or butter to a boil.
2. Stir in rice and contents of Spice Sack. Return to a boil.
3. Cover; reduce heat to low. Simmer 20 to 25 minutes or until most of water is absorbed.
4. Fluff pilaf lightly with fork before serving.

About 3 cups prepared

HIGH ALTITUDE PREPARATION

At high altitudes, increase water to 2-3/4 cups and cook time to 33 to 38 minutes.

LOW FAT DIRECTIONS

Follow package directions, except omit olive oil or butter and add additional 3 tablespoons water. (See Nutrition Facts for sodium content.)

At Near East®, we're inspired by how well the world eats. Our journey began 50 years ago with a single, homemade Armenian rice pilaf recipe. Today, the brand has expanded to a family of hearty grains, blended with vibrant spices and herbs from across the globe. Our simple yet flavorful dishes provide creative inspiration for any meal.



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RICE PILAF MIX

Original



RICE PILAF MIX

Original



SERVING SUGGESTION



RICE PILAF

MIX

Original



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SERVING
SUGGESTION

Per serving [Enlarged Image](#)

200 CALORIES	0g SAT FAT 0% DV	620mg SODIUM 27% DV	0g ADDED SUGARS 0% DV
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Not a low calorie food

NET WT 6.09 OZ (172 g)



BEST BEFORE



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