

Nutrition Facts Serv. size: 1 bar (25g),

Amount per serving: **Calories 100**, **Total Fat** 5g (7% DV), Sat. Fat 1g (4% DV), Trans Fat 0g, Polyunsat. Fat 2g, Monounsatur. Fat 2g, **Cholest.** 0mg (0% DV), **Sodium** 45mg (2% DV), **Total Carb.** 13g (5% DV), Dietary Fiber 4g (15% DV), Total Sugars 3g (Incl. 2g Added Sugars, 4% DV), Sugar Alcohol 0g, **Protein** 3g, Vit. D (0% DV), Calcium (2% DV), Iron (4% DV), Potas. (2% DV). % DV = Daily Value

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3G
SUGAR



**CHIA
SEED BAR**

Mixed Berry with Acai
FLAVOR WITH OTHER NATURAL FLAVORS

Per bar

100
CALORIES

NET WT 0.88 OZ (25 g)

VEGAN

960mg OMEGA-3*

*Contains 960mg of ALA per serving, which is 60% of the 1.6g daily value for ALA.

INGREDIENTS: WHITE CHIA SEEDS, CASHEW BUTTER, BROWN RICE SYRUP, BROWN RICE CRISPS (WHOLE GRAIN BROWN RICE, BROWN RICE SYRUP, SALT), CHICORY ROOT FIBER, DRIED CRANBERRIES, APPLE JUICE CONCENTRATE, STRAWBERRY POWDER, GUM ARABIC, WHOLE GRAIN OATS, ACAI POWDER, VANILLA EXTRACT, NATURAL FLAVOR, SEA SALT, TOCOPHEROLS (TO PRESERVE FRESHNESS). (F0000631762-L02-1)

CONTAINS CASHEW INGREDIENTS.

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