QUESTIONS OR COMMENTS?
1-800-352-4477
GUARANTEED FRESH
Until printed date or this snack is on us.
Mon-Fri 9:00am to 4:30pm CT / email at frito.lay.com

Nutrition Facts

About 9 servings per container
Serving size About 21 pieces (28g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1.5g	**7%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 140mg	**6%**
Total Carbohydrate 16g	**6%**
Dietary Fiber less than 1g	**3%**
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0.6mcg	2%
Calcium 10mg	0%
Iron 0.7mg	2%
Potassium 80mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), CORN MALTODEXTRIN, AND LESS THAN 2% OF NATURAL FLAVORS, SALT, WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), MONOSODIUM GLUTAMATE, TOMATO POWDER, SUGAR, MOLASSES, POTASSIUM SALT, YEAST EXTRACT, CREAM, SPICES, ARTIFICIAL COLOR (RED 40), ONION POWDER, TORULA YEAST, BUTTERMILK, BUTTER (CREAM, SALT), CAROB POWDER, GARLIC POWDER, AND SWISS CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES).
CONTAINS MILK INGREDIENTS.

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