

INGREDIENTS: WHOLE CORN, CORN, VEGETABLE OIL (CORN, CANOLA, SOYBEAN, AND/OR SUNFLOWER OIL), AND LESS THAN 2% OF CORN BRAN, CORN MALTODEXTRIN, SALT, CITRIC ACID, SUGAR, MONOSODIUM GLUTAMATE, POTASSIUM SALT, HYDROLYZED CORN PROTEIN, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE), SODIUM DIBACATE, YEAST EXTRACT, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), NATURAL FLAVORS, ONION POWDER, WHEY, CORN SYRUP SOLIDS, GARLIC POWDER, ROMANO CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTERMILK, WHEY PROTEIN CONCENTRATE, DISODIUM INOSINATE, AND DISODIUM GUANYLATE. **CONTAINS MILK INGREDIENTS.**

FRITO-LAY, INC.
PLANO, TX 75024-4099
© 2024 FRITO-LAY
NORTH AMERICA, INC.



Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol, may help reduce the risk of heart disease.

smartlabel®



Scan here for more food information
or call 1-800-332-4477

Find us on:
[facebook.com/doritos](https://www.facebook.com/doritos)



Doritos
FLAMAS

FLAVORED



GUARANTEED FRESH!
• UNTIL PRINTED DATE •

RF
REDUCED FAT

25% Less Fat Than Regular DORITOS® FLAMAS®
Flavored Tortilla Chips

130
CALORIES
PER PKG

TORTILLA CHIPS
NET WT. 1 OZ. (28.3 g)

QUESTIONS OR COMMENTS?

Freshness guaranteed until printed date or this snack is on us. Call 1-800-352-4477. During weekdays from 9:00am to 4:30pm Central Time.

PRODUCT COMPARISON

PER 1 OZ. SERVING	FAT	CAL.	TASTE
DORITOS® Reduced Fat FLAMAS® Flavored Tortilla Chips	5g	130	100%
Regular DORITOS® FLAMAS® Flavored Tortilla Chips	8g	150	100%

Nutrition Facts

1 serving per container
Serving size **1 package**

Amount per serving
Calories 130

	% Daily Value*
Total Fat 5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Total Sugars 0g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.3mg	0%
Potassium 90mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

