

NEW



MICROWAVES IN



HEAT & EAT

RICE PILAF MIX
ORIGINAL



- NO -
ARTIFICIAL
PRESERVATIVES
OR FLAVORS



PER CUP

220
CALORIES

0g
SAT FAT

380mg
SODIUM

<1g
TOTAL SUGARS

SERVING
SUGGESTION

NET WT 8.8 OZ (250 g)

Enlarged Image

We're here to help.
NearEast.com or 800.822.7423
Please have package available when calling.

Distributed by:
Near East Food Products
P.O. Box 049003
Chicago, IL 60604-9003
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- NO Artificial Preservatives
- NO Artificial Flavors
- NO Colors from Artificial Sources

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BEST BEFORE:

At Near East®, we're inspired by how well the world eats. Our journey began 50 years ago with a single, homemade Armenian rice pilaf recipe. Today, the brand has expanded to a family of hearty grains, blended with vibrant spices and herbs from across the globe. Our simple yet flavorful dishes provide creative inspiration for any meal.

REFRIGERATE UNUSED PORTIONS.

Serve immediately.
thoroughly heated (about 4-5 minutes).
the rice on medium high heat, stirring occasionally until contents into a sauté pan with 2 tbsp. of water and heat squeeze the pouch to separate the rice. Pour the rice

STOVE TOP DIRECTIONS:

USE CAUTION WHEN HANDLING & OPENING THE HOT POUCH.

REMOVE
From microwave using sides.

HEAT
On high for 90 SECONDS
Microwave times may vary.

TEAR
Two inches to vent.

SQUEEZE
Pouch to separate rice.

HEAT & ENJOY



INGREDIENTS: Water, parboiled long grain rice, orzo (wheat), gum arabic, methylcellulose, sunflower oil, salt, yeast extract, potassium salt, onion powder, butter (cream, salt), sunflower lecithin, garlic powder, nonfat milk, natural flavor, cream, milk protein concentrate, turmeric (color), iron (III) phosphate, niacinamide, thiamine mononitrate, folic acid, (F0000020645-L02-1)

CONTAINS MILK AND WHEAT INGREDIENTS.

Nutrition Facts		Per Pouch		Per Cup	
Serving size		About 1-3/4 cups (1 pouch)		220 410	
Calories		220		410	
Total Fat		2.5g	4%	5g	7%
Saturated Fat		0g	0%	1g	5%
Trans Fat		0g	0%	0g	0%
Cholesterol		0mg	0%	0mg	0%
Sodium		380mg	16%	700mg	30%
Total Carb.		45g	16%	84g	30%
Dietary Fiber		1g	5%	3g	9%
Total Sugars		<1g	0%	1g	0%
Inc. Added Sugars		0g	0%	0g	0%
Protein		5g		9g	
Vitamin D		0mcg	0%	0.1mcg	0%
Calcium		70mg	4%	140mg	10%
Iron		1.6mg	8%	3mg	15%
Potassium		420mg	8%	770mg	15%
Thiamin		0.18mg	15%	0.36mg	30%
Niacin		1.3mg	8%	2.4mg	15%
Folate DFE		100mcg	25%	200mcg	50%
Folic Acid		(69mcg)		(127mcg)	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

-HOLD HERE-

-HOLD HERE-

TEAR
HERE